



**Canadian Mental
Health Association**
Wood Buffalo
Mental health for all

TITLE: Individual or Family Peer School

CLASSIFICATION: Training, Internship, and Community of Practice Participant

SCHOOL HOURS: Five (5) month commitment for Orientation and Training. Minimum of once a week for 3 hours per day/evening to a maximum of 3 full days.

ENROLLMENT FOR SEPT 2019 SEMESTER

SCHOOL SUMMARY:

The students will learn to provide Peer Support to Individuals or Family members through one-on-one, group, and ambassador opportunities. Successful students will have the opportunity to receive 70 hours of classroom training, 50 hours of paid internship with mentoring, and support from a community of practice.

SERVICE RESPONSIBILITIES:

- Commitment and availability to attend 70 hours of training and 50 hours of internship over 5 months.
- Willingness to be mentored by a fellow peer.
- Participate in the CMHA “Peer Support Community of Practice” and ongoing peer support mentorship program.
- Demonstrated behaviour consistent with organizational values and peer support code of conduct.

ADDITIONAL SKILLS AND PERSONAL ATTRIBUTES:

- Ability to effectively provide empathetic and supportive validation via all communication types. Supports peer empowerment and assists peers in learning how to advocate for their own needs.
- You demonstrate deep respect not only for individuals but for the teams you support, your peers and community partners.
- Active listening skills.
- Strong relationship building skills.
- Demonstrates good personal boundaries, self-awareness and insight.
- Supports self-determination and community interdependence.

QUALIFICATIONS/REQUIREMENTS:

- You will have lived experience of being on a personal recovery journey or experience in supporting a family or loved one.
- Comfort level sharing your story of recovery with others.
- Availability to complete 70 hours of training and a 50 hour internship over five months.
- Experience working or volunteering within addiction or mental health considered an asset.



- Familiarity with peer support and have a deep commitment to understanding of the recovery model.

APPLICATION INFORMATION:

Qualified applicants please send your resume and cover letter to peer@woodbuffalo.cmha.ab.ca with the job you are applying for in the subject field. Successful applicants will be required to provide proof of education credentials upon hire and complete a criminal record check.

Thank you for your interest.

While we appreciate all the submitted applications, we will only contact the candidates considered for this position.

We will post this position until suitable candidate is selected.